

Anabolic Muscle Builder Review

Anabolic Muscle Builder is a program for advanced weight gainers who are suffering from Anabolic slowdown – which basically means you’ve reached a plateau and can no longer build significant muscle. This program is highly rated and seems to work well for most people who have been trying to build muscle for a while.

Hard gainers will particularly benefit from this system as it’s designed to work hard on working through the anabolic slowdown that most hard gainers hit pretty quickly. Brad Pilon is the product owner and he claims that he can make you stronger in just 3 days – believe it or not.

Let’s take a closer look at this program and see what the benefits are and if there are any cons to this program. The program is by Brad Pilon and focuses almost exclusively on Compound Cluster Cycles which is probably one of the best ways to gain muscle.

Brad Pilon is an author and his last book, “Eat Stop Eat” was a huge success but he’s not just an author, he’s also a nutrition expert and has access to some of the leading scientific conferences and has even spoken at these events. In terms of expertise, Brad has it all.

So, his Anabolic Muscle Building Protocol should be awesome right? Well, it’s no surprise that it’s to the point, full of great information and definitely worth a read. However, it’s not for everyone. He makes clear in his sales copy that it’s only for advanced muscle builders who have already started to gain muscle. The idea is to stop anabolic slowdown so for beginners it’s not really necessary to get this product.

However, if you are a “hard gainer” and perhaps already know that you’ll need that extra push to build muscle then this is definitely something you should consider. His program is based on a 12 week mission to get bigger and stronger and as I’ve said before, he even claims to get you stronger in just 3 days – it’s not easy but it’s certainly achievable.

This is one of those products that’s great, if it’s right for you, but it isn’t right for everyone. If you’re a beginner then I’d suggest you look elsewhere. But if you’re a hard gainer or you have reached your limit in terms of building muscle but still want to be stronger then the Anabolic Muscle Building Protocol is an ideal product for you.